



May

Inspiring Women . . .

to love herself

to know God's love

to build relationship with others

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SOAP

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JW^o

Good morning Ladies.

Hope you are going well at home and catching up on all the projects that you now have some time to do. As a way to continue in our being together when we are not together, we have attached our first issue of May for 2020.

Make a cuppa and sit back for a few moments. We hope you enjoy the read, contemplate the devotions, and we would love you to participate in the “have your say” spot, in sending in testimonies, funny captions, recipes, cleaning tips, devotions, craft ideas, competitions etc., and any other ideas that you may have. This will enable us to produce more issues over the coming year. There will also be some printed copies in the office.

So dear ladies put your thinking caps on, keep safe and continue to be a blessing to others.

Love,

Jan Liefing



She is STRONG

Proverbs 31:25

Prayer Points:

- * Pray for our health and safety to COVID 19
- * Pray for our family and friends
- * Pray for those who have suffering for illness
- * Pray for parents and kids as they navigate home schooling
- * Pray for those who are struggling with isolation

MCC Inspiring Women

Is a Ministry of Melton Christian Church

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JW



SCRIPTURE OF THE MONTH!

Ephesians 6:6, 7.

Servants, be obedient to them that are your masters according to the flesh with fear and trembling, in singleness of your heart, as unto Christ, Not with eye service, as men pleasers but as servants of Christ, doing the will of God from the heart;

“A mother is the truest friend we have, when trials, heavy and sudden, fall upon us; when adversity takes the place of prosperity; when friends who rejoice with us in our sunshine, desert us when troubles thicken around us, still will she cling to us, and endeavour by her kind precepts and counsels to dissipate the clouds of darkness, and cause peace to return to our hearts.”

– Washington Irving

Funny Quotes!

**MY STOMACH IS
FLAT. THE L IS
JUST SILENT.**

JW^o

**We are
travelling !
Today we visit the
kitchen again - the
Capital of our House :)**

TESTIMONY!

God's free gift of Saving Grace

As I reflect on my life, I am instantly reminded of my water baptism which took place at MCC (MCF known at that time) on this very day, 29th April, three years ago. God never ceases to surprise me...

I was brought up by loving, but strict non-practicing Catholic parents. The only faithful person I knew as a child was my grandmother, and I believe that it was through her faithful prayers over the years, and God's merciful and faithful love, that I am, where I am today.

The majority of my life, I knew of Jesus who died on the cross, but didn't understand why? As a child I was taught that if someone died or were sick you would pray for them, but what was I praying for? And if I was bad, God would punish me. So I didn't bother praying to God, I was afraid of him. Most of my life, I believed that there was a heaven and all I had to do was be good, because that's where good people went when they died. For those that were bad, they went to a place called hell, but how can that be, weren't we living in hell already.

I lived with these beliefs and values for many years. I just had to be a good person, and all will be well, but we all know that's a lie. No matter how hard I tried, I failed and when I failed, I rebelled.

2005, was the beginning of disaster. I was faced with extreme circumstances and trials, the pressures of life was so overwhelming. I had a miscarriage, my son left home at the age of sixteen, it was painful. I found myself committing to what I thought was good works, trying to do what I thought was right, trying to please, trying to be good, trying to gain acceptance, trying to fit in, trying to love. Effort after effort, trying after trying. At the end, I caved in, I couldn't do it any longer. I spent so much of my time trying, and all that did was, kept me away from the ones that needed me most, my family. I failed, I rebelled, and started making terrible choices in life. 'When the times get tough, the touch get tougher'. As a result, I went through a marriage breakdown, I lost my identity, my family, and my life was at ruins. I suffered from depression, insomnia, heavily reliant on medication, addicted to substances to get me through, and often had suicidal thoughts.

But Praise our awesome God, for His merciful love and His Son our Lord Jesus Christ. Our God who doesn't forsake or forget his people, but holds them in the palm of his hand.

If at this stage you are wondering whether I ever walked with God, and whether the values and beliefs of my adolescence changed, well of course they did. It wasn't until I was in my thirties, that I started going to church, listening to sermons, in fact I often listened to Joyce Meyer, and started getting into the word of God and was introduced to the Holy Spirit. But did I really know God, did I have a relationship with the Holy Spirit, is the question?

It was condemnation and guilt, for the poor choices and decisions I made in my life that separated me from God, for ten years, through my most difficult trials. It wasn't until my grandmother was diagnosed with a terminal illness almost five years ago, during which time I would visit her and she would share her love of God and how Jesus was always there for her, no matter what. And all I could see, that here was a woman that wasn't perfect, that made mistakes in life, but knew that God loved her unconditionally and by His saving grace through Jesus Christ, she had no doubt that she was going home to be with Him. - I realize then, that it was by grace, not by works.

I recall visiting my grandmother the evening before she died. I walked into the room, just my grandmother and I. No.....it was Jesus and I. He was ever present. I have never felt his love and peace as I did that evening. He was there, He was standing at the door knocking, and I finally let Him in.

Sharon Smith, 29 April 2020

Who testifies to everything he saw—that is, the word of God and the testimony of Jesus Christ.

Revelation 1:2



JW

RECIPES!

Fried Ham and Cheese Roll

Leftover Breads? NO PROBLEM!

Fried Ham and Cheese Roll is an easy snacks for the kids. It tastes really good and it also has that crisp and crunchy texture on the outside. The recipe is really simple and inexpensive. My kids really love it! I usually make this using leftover tasty bread. You can make this dish if your loaf of bread is about to expire in a few days or if you still have the leftover ham in the fridge from the holidays. If you want to put Pimento its up to you, is an optional. Try to grill a piece of fresh bell pepper and slice it into strips.

Here is the tips in making Fried Ham and Cheese Roll

- There is the tendency for the bread to absorb the oil. To about this situation, flatten the bread to the point that the texture becomes pudding-like. This will prevent the bread from absorbing more oil.
- Use low to medium heat so that the bread crumbs won't brown right away.
- Always serve this within 10 minutes after frying for best

INSTRUCTION!

1. Remove the dark ends of the sliced bread.
2. Heat the cooking oil in the cooking pot
3. Place the bread slices in a zip lock bag. Flatten using a rolling pin
4. Spread mayonnaise on the flatten piece of bread
5. Arrange the ham, cheese and pimento strips on the bread. Roll the bread until the bread is covered. Secure with a toothpick.
6. Deep the rolled bread in the beaten egg. Place the bread crumbs in a large Ziploc bag and then put the dipped rolls in. Shake until everything is covered with crumbs.
7. Fry in low to medium heat until the color turns golden brown (about to 7 minutes)
8. Arranged the fried rolls in a plate line with paper towels.
9. Serve as snack or slice into pieces and serve as appetizer.
10. Share and enjoy!

INGREDIENTS!

- 8 slices bread
- 4 ounces ham sliced into thick strips
- 3 ounces cheese sliced into thick strips
- 1/4 cup pimento optional
- 3/4 cup bread crumbs
- 2 pieces eggs beaten
- 2 cups cooking oil
- 1/2 cup mayonnaise

Enjoy Cooking Ladies!



This recipe was contributed by Amie Espana

What's yours ladies ? Please share your recipe and email to liefting.jan@gmail.com.au or aespana@mcc.vic.edu.au

JW


Do everything in LOVE
1 Corinthians 16:14




Cleaning Ideas!

MAKE YOUR OWN CLEANERS


All Purpose Cleaner

2 tsp. Baking Soda 
1 tsp. Dawn Dish Soap
4 Tbsp. white Vinegar
1 3/4 c warm Water
Stir to mix & use a Squir Bottle for usage.


Glass Cleaner

1/4 cup Rubbing Alcohol
1/4 cup white Vinegar 
1 Tbsp. of Corn Starch
2 cups of warm Water
Stir to mix & use a Squir Bottle for use.


Grout Cleaner

1/2 c Baking Soda 
1/4 c rubbing Alcohol
1/4 c Vinegar
Mix. Apply paste using brush. Allow to sit 5 minutes. Rinse.


Tub Cleanser

1/2 c Grapefruit 
1/4 c Kosher Salt
Place salt on Grapefruit halve and scrub the tub.

Dusting Spray

2 tsp. Olive Oil 
1 tsp. Lemon Juice
1/4 c white Vinegar
1 c warm Water
Stir to mix & use a Squir Bottle for usage.

Toilet Bowl Cleaner

1/4 c Baking Soda 
1/4 c Borax
1 c white Vinegar
Place ingredients directly in the toilet. Mix gently with bowl brush. Let sit for 30 minutes before scrubbing.

Take a Moment....SOAP!

Scripture

"She opens her arms to the poor and extends her hands to the needy." Proverbs 31:20

Observation

A woman who fears God is compassionate, generous and hospitable

Application

Open arms show compassion and extend a welcoming invitation to come and receive unconditional love and resources to meet needs. Many people are unaware of their spiritual need because their physical or emotional needs are so great. We are called to meet those needs. Not long ago a friend explained this truth in a way that opened my spiritual eyes a bit wider. She explained what we are called by Jesus to do for the poor and hurting - simply lift the burden of lacking the basic necessities to survive. Jesus did not call us to analyse or speculate on why they are needy or to judge their situations. Rather, He called us to feed the hungry, clothed the naked and befriend the stranger. We must do everything we can to remove the obstacles that keep them from seeing Him and in the process they will experience His compassionate love and provision through us. We are called to close the gap; blessed so we can bless others.

Prayer

Father, I am open to any opportunity You place before me. May I extend grace and love and practical help to those in need - unconditionally. Amen

CRAFT IDEAS!

How to Make A Macramé Plant Hanger

Macramé, the art of knotting rope, is a trendy way to make your own boho-chic inspired plant hangers. It's a trend that's been resurrected from the 70s and it's even better than before. If you're a plant lover, you'll love the way these hangers will put your plants on display both indoors and outdoors.

Materials:

- 8 pieces of 15 foot long cotton cord (3.1mm thick)
- 2" brass ring
- 2 pieces of 5 foot rope



How to create a macramé plant hanger:

1. Gather all 8 pieces of cord, fold in half and loop through the ring.
2. Using your 5 foot long piece of string, tie a loop knot right below the ring.
3. Take four strands and tie a square knot. Repeat 6 times.
4. Repeat this pattern with the next group of 4 cords, and repeat for the remaining cords.
5. Leave a 2 1/2 inch gap and tie a half square knot.
6. Repeat until you've created a 5 inch spiral.
7. Repeat this pattern for the remaining knot groups.
8. Leave a 6 inch gap and create a crossover square knot using the 2 right cords from your first group and the 2 left cords from the adjacent group.
9. Repeat for the remaining knot groups.
10. Leave 6 inch gap and create another crossover square knot by alternating the cords from the previous step.
11. Leave a 3 1/2 inch gap and tie a loop knot. Trim off excess cord to cre-


Shared by: Carolyn Andrews

JW^o

Fun Games!

Here's a fun game to play. Can you find the names of sixteen (16) books of the Bible hidden in the paragraph below?

I once made a remark about the hidden books of the Bible (merely by a fluke). It kept people looking so hard for the facts and for others it was a revelation. Some were in a jam, especially since the name of the books were not capitalized, but the truth finally struck home to numbers of readers. To others it was a real job. We want it to be a most fascinating few moments for you. Yes, there will be some really easy ones to spot. Others may require judges to help them. I will quickly admit it usually takes a minister to find one of them, and there will be loud lamentations when it is found. A little lady says she brews a cup of tea so she can concentrate better. See how well you can compete. Relax now.

There really are sixteen names of books in this story. Please write down your answer below 

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.

Health is Wealth

Why you should EAT FRUITS everyday!

- Strawberries– Fight aging
- Bananas– Boost your energy
- Cherries– Calm your nerves
- Grapes– Relax your blood vessels
- Pineapples– Relieve arthritis pain
- Blueberries– Strengthen your heart
- Watermelons– Promote weight loss
- Oranges– Protect your skin and vision
- Apples– Help resist infection



A cheerful heart is a good medicine, but a crushed spirit dries up the bones.

Proverbs 17:22

Fun Facts

How smart is your right foot?

While sitting, lift your right foot off the floor and make clockwise circles.

Then draw anti clockwise circles in the air with your right hand.

Your foot will change direction!



Have your say ... This spot is waiting for your contributions!!!

Send your thoughts, reflections, photo's, hints, good book titles, answers to prayer, recipes, and so on...

Send to:

Email: liefting.jan@gmail.com or cdandrews68@gmail.com

Office landline: 03 97476699

WHEN

Saturday

22nd February

GADEN PARTY

No longer strangers . . . YOU Belong [Ephs 2:19B]

A great afternoon was shared at Jolly's home to begin a new year for LACE Ladies and being blessed by a wonderful afternoon tea, sharing our theme of 'No longer Strangers—You Belong' and blessing one another through friendship and prayer. How are your plants coming along?

We all want a sense of belonging. Over our lives we have 'belonged' to certain groups – parents' groups; craft groups; sporting groups and more. In Ephesians 2: 19-22 Paul is telling of what God has done for them. He has blessed them and chosen them.

19 "So then you are no longer strangers and aliens, but you are fellow citizens with the saints, and are of God's household, 20 having been built on the foundation of the apostles and prophets, Christ Jesus Himself being the corner stone, 21 in whom the whole building, being fitted together, is growing into a holy temple in the Lord, 22 in whom you also are being built together into a dwelling of God in the Spirit." *Ephesians 2:19-22*

We are therefore one with each other – no matter our past; no matter our heritage; no matter our faults or race – and most importantly we are one with Christ. We are members of the household of God – not a visitor but members of the family of God where our life is eternal.

Our place is secure as we have solid ground under our feet being the foundation of Jesus.

We are welcome – you are needed! Each of us is being fit together to build the whole body of Jesus. We aren't just passing through – we are required as we all have something to offer – we all have a part to play and we can all grow together.

Each one of you are special as you belong to Jesus Christ. We are united together in Christ for He has brought us together.

We, as women of Jesus are AMAZING – life isn't for us to do alone so let's do it together with Jesus as our center.

You are no longer strangers or outsiders – You Belong Here – Ephesians 2:19

Be Blessed

We are *Blessed*, and I would like us to Bless others this year by getting along side ladies in our fellowship to *Pray, Encourage, Edify* for one other.

What a blessing it was to see the new friendships evolve at the Garden Party as we spent time with 'our prayer partner' sharing about ourselves how we can Be Blessed. Each lady filled out a card of how we can be supported through prayer then had their photo taken as a reminder of their partner .

Until we meet together again, I encourage you to continue to Pray, Encourage, Edify and contact your partner either via phone or text message.

A circular logo containing the initials 'JW' in a stylized, cursive font.

This is a great opportunity for all ladies to be involved and I encourage you to complete your details on the card on the following page, send me a photo of your completed answers and of yourself from your phone to 0414 946 342 so we can partner you with another *Be Blessed* lady.

Carolyn Andrews (cdandrews68@gmail.com)



Name: _____

Contact No: _____

Birthday: _____

Anniversary: _____

Ways to Pray for me: _____

People I'm Praying for: _____

Spiritual Growth Areas: _____

Favourite Bible Verse: _____

My favourite things: _____



JW^o



2020 Calendar

NEXT EVENT IN PLANNING—

Bible & Breakfast

Venue and official date to be confirmed — 8:30am



Watch out for our next Issue!

Anyone is welcome to share
for our next *Inspiring Women*
Newsletter!

See you next time—
Be Blessed everyone!!

MCC Inspiring Women

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